

BIKEEXCHANGE.COM.AU STAGE 2
PROSPECT to STIRLING
Wednesday 22 January 2014

150.0 km

Hours	POINT TO POINT	Travelled (km)	To go (km)
1100	Prospect Road Prospect near Town Hall. Start Race Neutral	1100	
	Right turn from Prospect Road into Regency Road Prospect		
	Left turn from Regency Road into Main North Road Blair Athol		
	Veer right on Main North Road at Grand Junction Road Gepps Cross		
1112	Main North Road Gepps Cross near Drive In Theatre entrance. End race neutral. Race start	6.0 / 0.0	150.0
	Main North Road at Park Terrace Brahma Lodge		
1136	Right turn from Main North Road into Yorktown Road Elizabeth	16.0	134.0
1142	Yorktown Road Craigmore at Shopping Centre	19.7	130.3
1146	Left turn from Yorktown Road into Blacktop Road near One Tree Hill	23.5	126.5
1151	Blacktop Road (Main Street) One Tree Hill near phone box. Sprint #1	25.8	124.2
1152	Right turn from Blacktop Road into One Tree Hill Road near One Tree Hill	27.2	122.8
1205	Left turn from One Tree Hill Road into Seaview Road Gould Creek	34.8	115.2
1205	Seaview Road Gould Creek near One Tree Hill Road. ŠKODA King of Mountain #1 (Category 2)	34.8	115.2
1206	Left turn from Seaview Road into Range Road North Upper Hermitage	36.4	113.6
1215	Left turn from Range Road North into North East Road Lower Hermitage	41.8	108.2
1218	North East Road Inglewood at hotel	44.2	105.8
	North East Road becomes Adelaide to Mannum Road at Paracombe Road Inglewood		
1229	Left turn from Adelaide to Mannum Road into Little South Para Road Chain of Ponds	51.3	98.7
1232	Right turn from Little South Para Road into Checker Hill Road near Kersbrook	54.5	95.5
1236	Checker Hill Road Checker Hill. ŠKODA King of Mountain # 2 (Category 2)	56.3	93.7
1242	Right turn from Checker Hill Road into Forreston Road Forreston	59.4	90.6
1244	Right turn from Randell Terrace into Main Street Gumeracha	61.6	88.4
1247	Left turn from Main Street into Victoria Street Gumeracha	63.3	86.7
1259	Right turn from Gumeracha to Lobethal Road into Main Street Lobethal	71.5	78.5

1302	Left turn from Main Street into Woodside Road Lobethal	73.0	77.0
1305	Right turn from Woodside Road into Onkaparinga Valley Road near Woodside	75.8	74.2
1309	Onkaparinga Valley Road (Main Street) Woodside. Powerade Hydration Station	78.5	71.5
1318	Onkaparinga Valley Road Oakbank at hotel	83.7	66.3
1319	Onkaparinga Valley Road Balhannah near High School Sprint # 2	84.6	65.4
1320	Left turn from Onkaparinga Valley Road into Junction Road Balhannah	85.2	64.8
1320	Junction Road Balhannah near Jones Road Rail Crossing	86.1	63.9
1320	Right turn from Junction Road into Jones Road Balhannah	86.1	63.5
1326	Right turn from Jones Road into Balhannah Road Hahndorf	89.0	61.0
1329	Right turn from Balhannah Road into Mt Barker Road (Main Street) Hahndorf	91.2	58.8
1332	Left turn from Mt Barker Road into River Road Hahndorf	93.1	56.9
1339	Right turn from River Road into Strathalbyn Road near Mylor	98.5	51.5
1342	Strathalbyn Road (Main Street) Mylor	99.5	50.5
1350	Strathalbyn Road Aldgate at Mt Barker Road roundabout	105.3	44.7
1353	Mt Barker Road Stirling at Oval. Start lap #1	107.4	42.6
1354	Left turn from Mt Barker Road into Avenue Road Stirling	107.9	42.1
1402	Longwood Road Bradbury at hall	113.3	36.7
1403	Left turn from Longwood Road into Bradbury Road Bradbury	114.1	35.9
1409	Right turn from Bradbury Road into Cross Street Mylor	118.1	31.9
1410	Left turn from Cross Street into Strathalbyn Road Mylor	118.4	31.6
	Strathalbyn Road Aldgate at Mt Barker Road roundabout		
1423	Mt Barker Road Stirling at oval. Start lap #2	128.7	21.3
1426	Left turn from Mt Barker Road into Avenue Road Stirling	129.2	20.8
	Left turn from Longwood Road into Bradbury Road Bradbury		
	Right turn from Bradbury Rod into Cross Street Mylor		
1445	Left turn from Cross Street into Strathalbyn Road Mylor	143.0	7.0
1454	Strathalbyn Road Aldgate at Mt Barker Road round-a-bout	147.9	2.1
1457	Mt Barker Road Stirling at Oval. Finish line	150.0	0.0
APPROXIMATE RACE DURATION: 3 hours 57 minutes			