## Food & Beverages for Dietary Needs





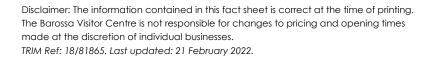
With a number of wonderful cafes, wineries and producers offering catering options for vegetarians, vegans or coeliac's and more, there is something for everyone's taste in the Barossa!

	Cafes & Takeaway	
Amanti Pasta & Pizza Corner Murray Street & Basedow Road, Tanunda	Traditional pizza and pasta. Weekly specials, dessert pizzas and more. Extensive gourmet pizza range and gluten free, vegetarian & vegan available. <i>Delivery available</i> .	Monday to Wednesday, 4pm - 8pm Thursday to Saturday 11am – late Sunday, 12pm - 8pm (08) 8563 0801
<b>Barista Sista</b> 29D Murray Street, Nuriootpa	Raw Vegan & GF slices and cakes, keto, plant based, vegan muffins, vegan & vegetarian breakfast and lunch.	Monday to Friday, 7am - 2pm (08) 8562 2882
Barossa Valley Chocolate Company 64 Burings Road, Tanunda	Casual family friendly café catering for all dietary requirements. Vegetarian, Vegan, Dairy Free, Nut Free and Gluten Free options available daily.	Wednesday to Sunday, 10am - 5pm Lunch Menu, 11am - 4pm (08) 8565 9800
<b>Beans + Cream Gelateria</b> 72 Murray Street, Tanunda	Dairy free ice-cream, sorbets, gelato. Vegan, vegetarian and gluten free options.	Wednesday to Monday, 8am - 5pm 0498 482 163
Black Bird Coffee House 117A Murray Street, Tanunda	Vegetarian and gluten free breakfast & lunch options.	Tuesday to Friday, 8:30am - 4pm Weekends, 8:30am - 3pm (08) 8563 3116
<b>Darlings Food with Passion Café</b> 3/56 Murray Street, Tanunda	Baguettes, salads, gluten free & vegetarian options available, fresh juices, tea, coffee & cakes.	Open 7 Days, 6am - 1pm (08) 8563 3973
<b>D&amp;M's Bakery &amp; Café</b> 36 Murray Street, Angaston	Range of vegetarian meals, vegan & gluten free options.	Monday to Friday, 7:30am - 5pm Saturday, 7:30am - 4pm Sunday 10am - 4pm (08) 8564 2424
<b>El Estanco</b> 23 Murray Street, Greenock	Gluten free, vegetarian and vegan options for breakfast and lunch. Friday night pizza nights.	Thursday to Monday, 8am - 4:30pm 0438 006 552
Fleur Social 55C Murray Street, Nuriootpa	Gluten free, vegetarian and vegan options for breakfast and lunch.	Monday to Friday, 6:30am - 3:30pm Saturday, 8am - 12pm (08) 8562 1612
Four Seasons of Nosh 32A Murray Street, Tanunda	Offering delicious gluten free, vegetarian and vegan breakfast and lunch options.	Monday to Friday, 7am - 3pm Weekends, 8am - 3pm (08) 8563 0395
<b>Hive Barossa</b> 60 Murray Street, Angaston	Seasonal, clean food and pride ourselves on catering to many dietary needs such as vegetarian, vegan & gluten free.	Monday to Friday, 7:30am – 2:30pm Weekends, 8am - 12:30pm <i>(08)</i> 8592 3190
Kampung Kitchen 39A Murray Street, Tanunda	Gluten free, small range of vegetarian & vegan options.	Wednesday to Monday 11:30am - 8:30pm (08) 8563 2888
Keils Fine Food & Coffee 1/63 Murray Street, Tanunda	Vegan, vegetarian and gluten free breakfast & lunch options. Raw, sugar free, vegan cakes and slices.	Monday to Friday, 7am - 2pm Weekends, 8am - 2pm (08) 8563 1468
<b>Linke's Bakehouse &amp; Pantry</b> 40 Murray Street, Nuriootpa	Breakfast and Lunch vegetarian options.	Monday to Friday 7am - 5pm Saturday, 7am - 12:30pm (08) 8562 1129
<b>Lyndoch Lavender Farm</b> Corner Hoffungsthal & Tweedies Gully Roads, Lyndoch	The café has several vegetarian options available including a warm soup during the cooler seasons.	Sep - Dec, 7 days 10am - 4pm Jan – Aug, Weekends 10am - 4pm (08) 8524 4538
Pulp & Thread 1/63 Murray Street, Tanunda	Seasonal, balanced, healthy smoothies and nutrition packed cold-pressed juice, smoothie bowls.  Weekday special vegan or protein noodle/rice bowl.	Monday to Friday, 9am - 4pm Saturday, 9am - 3pm Sunday, 10am - 3pm 0414 628 306





<b>Red Door Espresso</b> 79 Murray Street, Tanunda	Offering delicious gluten free, vegetarian & vegan breakfast & lunch options.	Weekdays, 8am - 4pm, Sat, 9am - 3pm Sun & Mon and Public Holidays, Closed (08) 8563 1181
<b>Soul with Zest</b> 37 Murray Street, Angaston	Gluten free, vegetarian and vegan options for breakfast and lunch.	Monday to Saturday, 7am - 2pm Sunday, 8am - 2pm (08) 8564 2271
Sunrise Bakery & Café (Lyndoch) 26 Barossa Valley Way, Lyndoch	Gluten Free cakes and vegetarian options.	Open 7 days, 8:30am - 4:30pm Public Holidays, 8:30 - 4:30pm (08) 8524 4422
<b>The Table Café</b> 30 Barossa Valley Way, Lyndoch	Breakfast, brunch, burgers & modern Barossa food, sourced locally. Gluten free and vegan options available. Eat in or take away.	Open 7 days, 9am - 2pm Friday & Saturday, 5pm - 8pm (08) 8524 4074
<b>Tanunda Bakery &amp; Café</b> 181 Murray Street, Tanunda	Gluten free breads, ice-creams and cupcakes, vegetarian options and dairy free sorbets.	Monday to Friday, 7am - 5:30pm Saturday, 7am - 3pm (08) 8563 0096
<b>40's Cafe</b> 30 Murray Street, Angaston	Gluten free, vegan & vegetarian pizza. Vegetarian options.  Delivery available.	7 days a week, 9am - 9pm (08) 8564 2901
	Wineries, Breweries, Restaurants & Pu	bs
1918 Bistro & Grill 94 Murray Street, Tanunda	Fine dining, a la carte menu with gluten free, vegan and vegetarian options.	Open 7 days, for lunch & dinner (08) 8563 0405
Appellation at the Louise Seppeltsfield Road, Marananga	Should you have any dietary requirements, please note them on your booking and their team will create dishes appropriate to your specific requirements.	Thursday to Sunday from 6pm (08) 8562 4144 (Bookings essential)
<b>Bar 375</b> Seppeltsfield Road, Marananga	Comfort food and cocktails that don't hold back on flavour. Vegetarian, vegan and gluten free options.	Friday to Monday, 4pm - 8pm (08) 8562 2115
<b>Barossa Siam</b> 31-33 Murray Street, Angaston	Authentic Thai cuisine with takeaway available, all meals are gluten free with vegetarian options available.	Wednesday to Sunday Lunch 11am - 3pm, Dinner from 5pm (08) 8564 2295
<b>Barossa Valley Brewing</b> 2A Murray St, Tanunda	Offering food options, including pizza, suitable for vegans and coeliacs.	Open 7 days from 12pm (08) 8521 3000
<b>Casa Carboni</b> 67 Murray Street, Angaston	House made Italian treats & pasta. Breakfast offered between 9am & 12pm. Gluten Free and vegetarian options.	Thursday to Sunday, 9am - 3pm Dinner, Friday 6pm to late 0415 157 669
<b>Char Barossa</b> 89 Murray Street, Tanunda	Catering to all dietary requirements. Please advise staff prior to ordering to ensure they can meet your needs.	Wednesday to Sunday Lunch, 12pm - 3pm, Dinner, 6pm - 9pm (08) 7513 7885
Eden Valley Hotel 11 Murray Street, Eden Valley	Gluten free, dairy free, vegetarian and vegan options. Wine tasting daily with some vegan friendly wines.	Open 7 days a week from 12pm Lunch & Dinner Wednesday – Saturday Drinks & Bar snacks daily (08) 8564 1072
<b>Ember Pizza</b> Provenance Building 18-28 Tanunda Road, Nuriootpa	Vegan, gluten free and vegetarian options. Take away available. \$30 all you can eat on Wednesdays.	Lunch, Friday to Sunday, 11:30am - 3pm Dinner, Wed to Saturday, 6pm - late (08) 7523 3960
<b>FermentAsian</b> 90 Murray Street, Tanunda	Award winning modern South East Asian cuisine. Vegetarian, vegan and gluten free options available.	Lunch, Thurs to Sunday, 12pm - 2:30pm Dinner, Wed to Saturday, 6pm - 9:30pm (08) 8563 0765
<b>First Drop Wines</b> 30-38 Tanunda Road, Nuriootpa	Vegetarian options, vegan & gluten free available on request.	Lunch, Wednesday to Sunday 12pm - 3pm (08) 8562 3324
Greenock Tavern 2 Murray Street, Greenock	Great country pub, showcasing local produce and serving it with local beer and wine. Gluten free, dairy free, vegetarian and vegan available.	Monday, 3pm - 9pm Tuesday to Sunday, 11:30am until late (08) 8562 8136

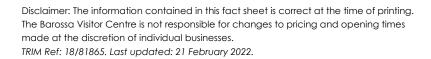








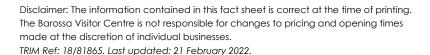
Harvest Kitchen @ Calabria Family Wines Cnr Light Pass & Magnolia Road	A relaxed, shared style dining experience with gluten free, dairy free, vegan and vegetarian options available.	Open 7 days, Lunch daily from 11:30am Dinner Saturdays from 6pm (08) 7523 3950
Hentley Farm Restaurant Corner Gerald Roberts & Jenke Roads, Seppeltsfield	Should you have any dietary requirements, please note them on your booking and their team will create dishes appropriate to your specific requirements.	Daily Menu 7 days, 11am – 3:30pm Atrium Lunch, Thursday to Sunday (08) 8562 8427 (Bookings essential)
Lambert Estate 55 Long Gully Road, Angaston	The restaurant always includes options to suit vegetarian & vegan diets.	Lunch, Friday to Sunday, 12pm - 3pm Platters daily 11am - 5pm (08) 8564 2222
Lou's Place 1876 Barossa Valley Way, Rowland Flat	Lou's Place do their very best to accommodate dietary requirements such as allergies and intolerances, coeliac disease and personal and religious preferences.	Friday to Monday, 11:30am - 5pm Friday Night Dinner Antipasto, 7 days (08) 7800 3222
Monkey Nut Café @ Kies Winery 1303 Barossa Valley Way, Lyndoch	Platters, light meals, homemade cakes, tea & coffee. Vegetarian and vegan options available.	Wednesday to Monday, 11am - 4pm (08) 8524 4120
<b>Musque Food &amp; Wine</b> Shop 1/109 Murray Street, Tanunda	Seasonal menu & wine list offering various selections with quality local produce. Vegan, gluten free and vegetarian options.	Open 7 days from 4pm until late Dinner from 6pm daily Lunch, Friday to Sunday 12pm - 3pm (08) 7513 7740
<b>Peter Lehmann Wines</b> Para Road, Tanunda	Local produce platters, vegetarian options available.	Open 7 days, 10:30am - 4:30pm (08) 8565 9555
<b>Pindarie</b> 946 Rosedale Road, Gomersal	Gourmet pies, regional produce platters, vegetarian options, tea, coffee & juice.	Monday to Friday, 11am - 4pm Weekends, 11am - 5pm (08) 8524 9019
Rusden Wines 221 Magnolia Road, Tanunda	Cheese plate alternatives suitable for vegetarians & vegans	Thursday to Monday, 11am - 5pm (08) 8563 2976
<b>Stein's Taphouse</b> 28 Tanunda Road, Nuriootpa	Pizza, burgers and more. Catering to vegan, vegetarians and coeliac's.	Monday to Thursday, 12pm - 5pm Friday to Sunday, 12pm – late (08) 8562 2899
Stockwell Hotel Duckponds Road, Stockwell	Historic Community Pub. Catering to vegan and vegetarians.	Wed - Friday, 12pm - 3pm & 5pm - 8:30pm Weekends 12pm - 8:30pm (08) 8562 2008
<b>The Clubhouse</b> 45 MacDonald Street, Tanunda	Gluten free and vegetarian available. Wednesday quiz from 7pm. Gaming area. Pool table.	Monday to Saturday from 10am until late Sunday from 11am until late (08) 8563 2058
Tanunda Hotel 51 Murray Street, Tanunda	Catering for vegetarians, vegans and gluten intolerant. Beer garden & Gaming area. Pool table.	Open 7 days from 9am until late Lunch, 12pm - 2:30pm Dinner, 6pm - 8:30pm (08) 8563 2030
The Company Kitchen Store 27 Valley Road, Angaston	Relaxed style restaurant/café with picturesque views of the gardens & vineyards. Gluten free, vegan and vegetarian options available.	Open 7 days from 9am All day breakfast & lunch 11am - 3pm (08) 8564 3788
The Farm Eatery & Experience Centre Pheasant Farm Rd, Nuriootpa	Casual, modern dining using local produce. Vegetarian, gluten free and dairy free available. Gluten free and vegan cooking classes also available.	Thursday to Monday, 12pm - 3pm (08) 8562 1902
<b>The Vine Inn</b> 14-22 Murray Street, Nuriootpa	Bistro dining & Billy Jacks front bar dining. Drive through bottle shop. Pool table. Beer garden & gaming area. Takeaway available.	Open 7 days a week Bistro, 12pm - 2:30pm & 6pm - 8:30pm Billy Jacks, 11:30am - 8.30pm (08) 8562 2133
Vintage Chef Co Hermann Thumm Drive Lyndoch	Gluten free, dairy free, vegetarian and vegan options	Monday to Friday, 9am - 3pm Weekends, 10am - 4pm 0401 800 545
Vintners Bar & Grill 752 Stockwell Road, Angaston	Locally sourced Australian cuisine, dietary restrictions to be advised at time of booking.	Lunch, 7 Days, 12pm - 2:30pm Dinner, Mon to Sat, 6:30pm - 9pm (08) 8564 2488







Wanera Wine Bar Quality regional food in an elegant, exposed-stone place Breakfast, 7 Days, 11am – 12pm 65 Murray Street, Angaston with a restaurant, function rooms, mezzanine and courtyard. (from 8am on weekends) Catering to all, gluten free, nut free, dairy free, vegetarian, Lunch, 7 days, 12pm - 3pm vegan and egg free. Dinner, 7 days from 5pm (08) 8564 3275 Food & Produce Organic coffee beans & coffee making products. Monday to Friday, 8:30am - 4:30pm Barista Sista Beanery (08) 8562 2882 29D Murray Street, Nuriootpa **Barossa Valley Cheese Company** All their delicious cheeses are vegetarian & consideration is Wednesday to Monday, 10am - 4pm 67B Murray Street, Angaston made for both vegetarians & coeliac's. (Closed Public Holidays) (08) 8564 3636 Local ice cream producer offering gluten free ice creams 0409 200 292 Barossa Valley Ice Cream Company and sorbets at a range of local outlets (including both Unit 3/189 Murray Street, Tanunda Tanunda and Nuriootpa Foodland's) and wineries. A selection of jams, chutneys, pates, verjuice & olive oil and Maggie Beer's Farm Shop Open 7 days, 10:30am - 4:30pm 50 Pheasant Farm Road much more. Catering to vegetarian and a small selection of (08) 8562 4477 vegan and kosher/halal. Vasse Virgin Gourmet food range including marinated olives, olive oils, Open 7 days, 10:30am - 5pm 730 Seppeltsfield Road condiments, dukkah and more. Catering to gluten free, (08) 8562 9500 vegetarian & vegan. **Beverages Ballycroft Vineyard & Cellar** Their range of wines are vegan friendly. Open 7 days, bookings required 1 Adelaide Road, Greenock 0488 638 488 **Charles Melton** Their range of wines are vegan friendly. Open 7 days, 11am - 4:30pm 194 Krondorf Road, Krondorf (08) 8563 3606 **Elderton Wines** Offering vegan friendly wines for their range of red wines. Open 7 days, 10am - 5pm 3-5 Tanunda Road, Nuriootpa Weekends, 11am - 4pm (08) 8568 7878 **First Drop Wines** Wednesday to Saturday, 10am - 4pm Their range of wines are vegan friendly. 30-38 Tanunda Road, Nuriootpa Sunday, 11am - 4pm 0488 299 233 **Gibson Wines** Offering vegan friendly wines for their range of red wines. Open 7 days, 11am - 5pm 190 Willows Road, Light Pass (08) 8562 3193 **Greenock Creek Wines** Their range of wines are vegan friendly. Open 7 days, 11am - 5pm 450 Seppeltsfield Road (08) 8562 8103 Hart of the Barossa Certified organic winery & tasting shed with their whole Friday and Saturday, 11am - 4pm Cnr Vine Vale & Light Pass Roads 0412 586 006 range of wines being vegan friendly. **Hayes Family Wines** Their range of wines are vegan friendly. Friday to Sunday, 11am - 5pm 102 Mattiske Road, Stone Well 0499 096 812 Hemera Estate Their range of wines are vegan friendly. Open 7 days, 10am - 5pm 1516 Barossa Valley Way, Lyndoch (08) 8524 4033 **Hewitson Wines** Saturday & Sunday, 11am - 4:30pm Their range of wines are vegan friendly. 66 Seppeltsfield Road, Nuriootpa (08) 8212 6233 **Kalleske Wines** Their range of wines are vegan friendly. Open 7 days, 10am - 5pm 6 Murray Street, Greenock (08) 8563 4000 Kellermeister Their range of wines are vegan friendly, excluding their Open 7 days, 9:30am - 5:30pm 1561 Barossa Valley Way, Lyndoch sable chocolate port. (08) 8524 4303 Langmeil Their range of wines are vegan friendly. Open 7 days, 10am - 4pm Langmeil Road, Tanunda (08) 8563 2595 **Lambert Estate Wines** Their range of wines are vegan friendly. Open 7 days, 11am - 5pm 55 Long Gully Road, Angaston (08) 8564 2222







<b>Levrier by Jo Irvine</b> 928 Research Road, Nuriootpa	Their range of wines are vegan friendly.	Thursday to Saturday, 10am - 4pm (08) 8562 3888
<b>Lindsay Wine Estate</b> 15 Vine Vale Road, Tanunda	Offering vegan friendly wines for their range of red wines.	Thursday to Sunday, 11am - 5pm (08) 8520 6402
RedHeads Wine 258 Angaston Road, Nuriootpa	Their entire range of wines are vegan friendly	Friday & Saturday, 12pm - 5pm (08) 8562 2888
Rolf Binder 185 Stelzer Road, Tanunda	Their range of wines are vegan friendly. Vegetarian pizza available and vegan by prior arrangement.	Monday to Saturday, 10am - 4:30pm (08) 8562 3300
Rusden Wines 221 Magnolia Road, Tanunda	Their range of wines are vegan friendly.	Thursday to Monday, 11am - 5pm (08) 8563 2976
Thorn-Clarke Wines Gawler Park Road, Angaston	Offering vegan friendly wines for their range of red wines.	Friday to Monday, 10am - 4pm (08) 8564 3036
Torbreck Vintners 348 Roennfeldt Road, Marananga	Their range of wines are vegan friendly.	Open 7 days, 10am - 5pm (08) 8568 8123
<b>Tscharkes</b> 376 Seppeltsfield Rd, Marananga	Their range of wines are vegan friendly. Please note open for wine sales <u>only</u> .	Open 7 days, 11am - 4:30pm (08) 8212 6233
<b>Turkey Flat</b> 67 Bethany Road, Tanunda	Their range of wines are vegan friendly.	Open 7 days, 10am - 5pm (08) 8563 2851
<b>Yalumba</b> 40 Eden Valley Road, Angaston	Their range of wines are vegan friendly.	Open 7 days, 10am - 5pm (08) 8561 3309

