

# Food & Beverages for Dietary Needs



Explore Barossa's diverse range of vegan, vegetarian and gluten-free options at local restaurants, cafes, pubs, wineries and takeaways — making it easy for those with dietary needs in mind.

## Cafes & Takeaway

<b>Barista Sista</b> 29D Murray Street, Nuriootpa	Raw vegan and gluten free slices and cakes. Keto, plant based, vegan muffins, vegan and vegetarian breakfast and lunch.	Monday to Friday, 7am - 2pm (08) 8562 2882
<b>Barossa Valley Chocolate Company</b> 64 Burings Road, Tanunda	Casual family friendly café catering for all dietary requirements. Vegetarian, vegan, dairy free, nut free and gluten free options available daily.  A plant-based chocolate range also available.	Open 7 days Brunch, 10-12 Lunch, 11am – 4pm (08) 8565 9800
<b>Beans + Cream Gelateria</b> 72 Murray Street, Tanunda	Artisan gelato, specialty muffins, slices and more. Vegan and gluten free options available.	Open 7 days, 8am - 5pm 0434 528 075
<b>Darlings Food with Passion Café</b> 3/56 Murray Street, Tanunda	Great café known for its focus on fresh, local ingredients and high-quality coffee. Gluten free, and vegetarian options available, fresh juices, tea, coffee, and cakes.	Open 7 days, 6am - 12pm (08) 8563 3973
<b>D&amp;M's Bakery &amp; Café</b> 36 Murray Street, Angaston	Bakery and café with a range of vegetarian, vegan, and gluten free meals – including gluten free and vegan baps.	Monday to Friday, 7:30am - 5pm Saturday, 7:30am - 4pm Sunday, 10am - 4pm (08) 8564 2424
<b>Fleur Social</b> 55C Murray Street, Nuriootpa	Florist and speciality coffee shop. Gluten free, vegetarian, and vegan options available for breakfast and lunch.	Monday to Friday, 6:30am - 3:30pm Saturday, 7:30am - 12pm (08) 8562 1612
<b>Four Seasons of Nosh</b> 32A Murray Street, Tanunda	Once a Chaff Mill, this charming café serves delicious gluten free, vegetarian, and vegan breakfast and lunch options in a unique blend of rustic and eclectic décor.	Monday to Friday, 7:30am – 2:30pm Weekends, 8am - 2pm (08) 8563 0395
<b>Hive Barossa</b> 60 Murray Street, Angaston	The team at Hive Barossa take pride in making delicious, healthy dishes to suit many dietary needs such as vegetarian, vegan and gluten free and they take their coffee very seriously.	Monday to Friday, 7:30am – 2:30pm Weekends, 8am - 12:30pm (08) 8592 3190
<b>Linke's Bakehouse &amp; Pantry</b> 40 Murray Street, Nuriootpa	Breakfast and lunch vegetarian options. Some gluten free and vegan cakes and slices also available.	Monday to Friday, 6:15am - 4pm Saturday, 7am - 12:30pm (08) 8562 1129



<b>Mount Pleasant Bakery</b> 126 Melrose Street, Mt Pleasant	Café and bakery that offers award-winning pies and pasties, homemade cakes, and great coffee.  Vegan, vegetarian and gluten free options available.	Monday to Friday, 7:30am – 4pm  Saturday & Sunday, 9am – 3pm  (08) 8568 2888
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<b>Tanunda Bakery &amp; Café</b> 181 Murray Street, Tanunda	Gluten free breads, ice-creams and cupcakes. Vegetarian options and dairy free sorbets.	Monday to Friday, 7am - 5:30pm  Saturday, 7am - 3pm  (08) 8563 0096
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## Restaurants & Pubs

<b>1918 Bistro &amp; Grill</b> 94 Murray Street, Tanunda	Rich in heritage with an abundance of culture and local produce. Boasting roaring open fireplaces and wine garden on-site. A la carte menu with gluten free, vegan, and vegetarian options.	Open 7 days.  Lunch, 12pm – 2:30pm  Dinner, 6pm – 9pm  (08) 8563 0405
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<b>Bar:Musque</b> Shop 1/109 Murray Street, Tanunda	Seasonal menu and wine list offering various selections with quality local produce. Vegan, gluten free and vegetarian options. Dietary list available on website.	Monday to Tuesday, 4pm – 9pm  Friday, 4pm – 10:30pm  Saturday, 1pm – 10:30pm  Sunday, 1pm – 9pm  (08) 7513 7740
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<b>Barossa Pho</b> 33 Murray Street, Angaston	Authentic Vietnamese cuisine, with seasonal menu containing a range of vegan, vegetarian, and gluten free menu options	Tuesday, 5:30pm – 8:30pm  Wednesday to Sunday:  Lunch, 11:30 – 2:30pm  Dinner, 5:30pm – 8:30pm  (08) 7509 0029
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<b>Ember Pizza</b> Provenance Building 18-28 Tanunda Road, Nuriootpa	Vegan, gluten free and vegetarian menu items, including pizzas and side dishes.	Lunch, Friday to Sunday, 11:30am - 3pm  Dinner, Wednesday to Saturday, 6pm – late  (08) 7523 3960
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<b>FermentAsian</b> 90 Murray Street, Tanunda	Award winning modern South East Asian cuisine. Vegetarian, vegan and gluten free menu items available.	Lunch, Thursday to Sunday, 12pm - 2:30pm  Dinner, Wednesday to Saturday, 6pm - 9:30pm  (08) 8563 0765
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<b>First Drop Wines</b> 30-38 Tanunda Road, Nuriootpa	Vegetarian, vegan, and gluten free Tapas style options available. Dietary guide can be found on website.	Lunch, Wednesday to Sunday 12pm – 3pm  (08) 8562 3324
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Disclaimer: The information contained in this fact sheet is correct at the time of printing.

The Barossa Visitor Centre is not responsible for changes to pricing and opening times made at the discretion of individual businesses.

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<b>Harvest Kitchen</b> Jacobs Creek Cellar Door 2129 Barossa Valley Way, Rowland Flat	A relaxed, shared style dining experience with gluten free, dairy free, vegan, and vegetarian options.	Open 7 days, Lunch from 11:30am Dinner Saturdays from 6pm (08) 7523 3950
<b>Lou's by Horizon</b> 1876 Barossa Valley Way, Rowland Flat	Mediterranean inspired menu using locally sourced and seasonable produce. Lou's by Horizon will accommodate dietary requirements including vegan, vegetarian, and gluten free.	Thursday to Sunday, 11am – 3:30pm Dinner, Friday and Saturday 5:30pm – 8pm (08) 7800 3222
<b>Stockwell Hotel</b> Duckponds Road, Stockwell	Historic Community Pub. Catering to vegan and vegetarians. Gluten free options also available.	Lunch, Monday – Saturday 12pm – 2pm Dinner, Sunday – Thursday, 5pm – 7:30pm Friday & Saturday, 5pm – 8pm (08) 8562 2008
<b>Tanunda Hotel</b> 51 Murray Street, Tanunda	Elegant country pub with a-la-carte menu. Catering for vegetarian, vegan and gluten free options.	Open 7 days from 9am until late Lunch, 11:30am - 2:30pm Dinner, 5:30pm - 8:30pm (08) 8563 2030
<b>The Clubhouse</b> 45 MacDonald Street, Tanunda	Not-for-profit community club established in 1891. Gluten free and vegetarian available, including vegan schnitzel option.	Monday to Saturday from 10am until late Sunday from 11am until late (08) 8563 2058
<b>The Farm Eatery</b> Pheasant Farm Rd, Nuriootpa	Casual, modern dining using local produce. Vegetarian, gluten free and dairy free available. Gluten free and vegan cooking classes also available.	Thursday to Monday, 12pm - 3pm (08) 8562 1902
<b>The Greenock</b> 2 Murray Street, Greenock	Great country pub, showcasing local produce and serving it with local beer and wine. Gluten free, dairy free, vegetarian, and vegan available.	Monday, 3pm - 9pm Tuesday to Sunday, 11:30am until late (08) 8562 8136
<b>The Vine Inn</b> 14-22 Murray Street, Nuriootpa	Bistro dining & Billy Jacks front bar all-day dining. Takeaway available. Vegan, vegetarian, gluten free options available.	Open 7 days a week Bistro, 12pm - 2:30pm & 6pm - 8:30pm Billy Jacks, 11:30am - 8.30pm (08) 8562 2133

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<b>Vino Lokal</b> 64 Murray Street, Tanunda	Vino Lokal is an inclusive bistro-style restaurant that celebrates collaboration, craftsmanship, good food and the art of winemaking. Vegan, vegetarian, and gluten free menu items available.	Thursday, 8am – 4pm Friday to Saturday, 8am – 10:30pm Sunday, 8am – 4pm Monday, 8 am – 4pm (08) 8563 6598
<b>Wanera Wine Bar</b> 65 Murray Street, Angaston	Quality regional food in an elegant, exposed-stone building. Catering to all, gluten free, nut free, dairy free, vegetarian, vegan and egg free.	Monday to Friday: Breakfast, 11am – 12pm Lunch, 12pm – 3pm Dinner, 5pm – 8pm  Saturday to Sunday: Breakfast, 8am – 12pm Lunch, 12pm – 3pm Dinner, 5pm – 9pm (08) 8564 3275

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## Vegan Friendly Wines

<b>1837 Wines</b> 119 Yaldara Drive, Lyndoch	Wednesday to Sunday, 10am - 5pm (08) 7550 170
<b>Artisans of Barossa</b> 24 Vine Vale Road, Tanunda	Wednesday to Sunday, 11am 4pm (08) 8563 3935
<b>Atzes Corner Wines</b> 451 Research Road, Nuriootpa	Friday to Sunday, 2:30pm – 4:30pm 0419 167 694
<b>Bethany Wines</b> 378 Bethany Road, Tanunda	Monday to Saturday, 10am – 5pm Sunday 1pm – 5pm (08) 8563 2086
<b>Brothers at War</b> 58 Murray Street, Tanunda	Wednesday to Saturday, 11am – 5pm 0472 915 599
<b>Calabria Wines</b> 284 Magnolia Road, Vine Vale	Open 7 days, 11am – 5pm 0428 690 888
<b>Charles Melton</b> 194 Krondorf Road, Krondorf	Open 7 days, 11am – 4:30pm (08) 8563 3606
<b>Chateau Tanunda</b> 9 Basedow Road, Tanunda	Open 7 days, 10am – 5pm (08) 8563 3888
<b>Elderton Wines</b> 3-5 Tanunda Road, Nuriootpa	Monday to Friday, 10am - 5pm Weekends, 11am - 4pm (08) 8568 7878
<b>Eperosa Wines</b> Lot 552 Krondorf Road, Tanunda	Friday and Saturday, 11am – 5pm Sunday, 11am – 3pm 0428 111 121
<b>Fernfield Wines</b> 112 Rushlea Road, Eden Valley	Friday to Monday, 11am – 4pm 0402 788 526
<b>Flaxman Wines</b> 662 Flaxmans Valley Road, Flaxman Valley	Thursday & Friday, 12pm – 4pm Saturday, 11am – 5pm 0411 668 949
<b>Gibson Wines</b> 190 Willows Road, Light Pass	Open 7 days, 11am - 5pm (08) 8562 3193
<b>God's Hill Wine</b> 7a Morphet Road, Lyndoch	Thursday to Sunday, 11am – 4pm 0468 420 883



<b>Greenock Creek Wines</b> 450 Seppeltsfield Road	Open 7 days, 11am - 5pm (08) 8562 8103
<b>Hart of the Barossa</b> 931 Light Pass Road, Vine Vale	Thursday to Saturday, 10:30am - 4pm 0412 586 006
<b>Hayes Family Wines</b> 102 Mattiske Road, Stone Well	Friday to Sunday, 10:30am - 4:30pm 0499 096 812
<b>Hemera Estate</b> 1516 Barossa Valley Way, Lyndoch	Open 7 days, 10am - 5pm (08) 8524 4033
<b>Hentley Farm</b> Corner Gerald Roberts Road and Jenke Road, Seppeltsfield	Open 7 days, 10am - 4pm (08) 8562 8427
<b>Hewitson Wines</b> 66 Seppeltsfield Road, Nuriootpa	Wednesday - Saturday, 11am - 4:30pm 0405 734 464
<b>Kaesler Wines</b> 3174 Barossa Valley Way, Nuriootpa	Open 7 days, 10am - 5pm (08) 8562 4488
<b>Kalleske Wines</b> 6 Murray Street, Greenock	Open 7 days, 10am - 5pm (08) 8563 4000
<b>Langmeil Winery</b> Langmeil Road, Tanunda	Open 7 days, 10am - 4pm (08) 8563 2595
<b>Levrier by Jo Irvine</b> 928 Research Road, Nuriootpa	Wednesday to Saturday, 11am - 4pm (08) 8562 3888
<b>Lou Miranda Estate</b> 1876 Barossa Valley Way, Rowland Flat	Monday to Friday, 10:30 am - 4pm Saturday & Sunday, 11am - 4pm (08) 8524 4537
<b>Murray Street Vineyards</b> 37 Murray Street, Greenock	Thursday to Monday, 10am - 5pm Monday, 11am - 4pm (08) 8562 8373
<b>Poonawatta</b> 1227 Eden Valley Road, Flaxman Valley	Thursday to Monday, 11am - 4:30pm 0448 031 880
<b>Rieslingfreak</b> 25 St Hallett Road, Tanunda	Monday to Saturday, 10am - 4pm 0400 102 025
<b>Schubert Estate Wines</b> 261 Roennfeldt Road, Marananga	Monday, 11am - 4pm Wednesday to Friday, 11am - 4pm 0423 054 086



<b>Seabrook Wines</b> 1122 Light Pass Road, Vine Vale	Thursday to Monday, 11am – 5pm (08) 8563 0368
<b>The Cutting</b> 439 Stonewell Road, Tanunda	Monday to Saturday, 10am – 5pm Sunday, 10:30am – 5pm 0467 596 340
<b>The Willows Vineyard</b> 310 Light Pass Road, Light Pass	Wednesday – Monday, 10:30am – 4:30pm 0499 621 080
<b>Thorn-Clarke Wines</b> Gawler Park Road, Angaston	Friday to Sunday, 10am – 4pm (08) 8564 3036
<b>Torbreck Vintners</b> 348 Roennfeldt Road, Marananga	Open 7 days, 10am – 5pm (08) 8568 8123
<b>Tomfoolery Wines</b> 517 Stockwell Road, Light Pass	Thursday & Friday, 11am – 4pm Saturday 10am – 5pm Sunday, 10am – 4pm Monday, 11am – 4pm (08) 8564 2214
<b>Tscharke Wines</b> 376 Seppeltsfield Rd, Marananga	Monday to Saturday, 10am – 5pm (08) 8212 6233
<b>Ubertas Wines</b> 790 Research Road, Nuriootpa	Wednesday to Saturday, 11am – 5pm Sunday & Monday, 11am – 4:30pm (08) 8563 2851
<b>Whistler Wines</b> 241 Seppeltsfield Road, Stone Well	Open 7 days, 10:30am – 5pm (08) 8562 4942
<b>Yalumba</b> 40 Eden Valley Road, Angaston	Sunday to Friday, 10am – 5pm Saturday, 1pm – 5pm (08) 8561 3309
<b>Z Wine</b> Shop 3/109-111 Murray Street, Tanunda	Sunday to Thursday, 10am – 8pm Friday & Saturday, 10am – 11:30pm (08) 8563 3637